

## **Team Building 101**

### **Exercise**

Use this exercise to get your team started thinking about their commitment, clarity of purpose and ability to collaborate with each other.

#### **Ask the group to complete these sentences:**

- Every successful team needs...
- The team feels good when...
- An exciting job is one that...
- The greatest frustrations for the team are when...
- The team leader should be...
- The key to our future success is...

Once this has been done, form the group into pairs or teams of three or four to write down their team values as they understand them before re-grouping to discuss any differences in view.

How do they differ? Are any answers the same? How can you build on those similar answers to reinvigorate the team identity and sense of purpose? Use the answers as a building block for building (or rebuilding) your team.

Reassemble the group and have each group share their findings. Talk about how the organization sees the team and where there may be gaps between the answers given by groups and the organization's perceptions. How can you bridge these gaps?

Team Value	How Originated	Change Over Time Yes/No?